

Insight Out

by Bill Miller

In honor of our country's Independence Day, I love this excerpt:

During the evening of July 4, 1776, in the old State House in Philadelphia, a group of men were gathered for the purpose of declaring the independence of the American colonies from the British Commonwealth. It was a solemn moment and all present realized that their lives could be forfeited. Strong opposition sprang up and seemed about to win, when suddenly a new voice rang out. The debaters stopped and turned to look at a stranger. Who was this man who had suddenly appeared in their midst? They had never seen him before and none knew when he had entered, but his dignified form and commanding face fixed their attention. For half an hour, his voice rang with zeal, the stranger stirred them to their souls. His closing words rang through the building, "God has given America to be free."

Wild enthusiasm burst forth as he resumed his seat. Name upon name was placed upon parchment. The Declaration of Independence was signed. But where was the man who had launched the accomplishment of this immortal task — who had lifted, for a moment, the veil and revealed a part of the great purpose for which this new nation was conceived? He had disappeared, nor was he ever seen again or his identity established.

Excerpt from "The Greatest Power in the Universe" by U. S. Andersen

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Cynthia and I enjoyed a few days in the Sequoia National Forest — lots of rest, mild weather, hikes, and meeting new and old friends. It was a perfect time! We are planning a longer trip to Medford/ Triad Oregon in July and looking forward to a new adventure.

Weekly, I have been meeting with a few vendors/friends at our Burbank Farmers Market and having some serious ... and fun... discussions about our Fellowship teachings. One of these folks was motivated to start a group with five Reiki Masters and a few others who are exploring together their relationships, health, blocks, and challenges on all levels. It seemed appropriate to mention our Fellowship Prayer and Protection CD, which they are now using in their weekly classes.

This CD was recorded at the Fellowship's Wednesday Night Prayer Circle by William Miller and William Rubenstein, who co-conducted our weekly Prayer Circle activity for over twenty years. It is gratifying to receive positive feedback about this powerful transformational tool. Side one of the CD includes the Lord's Prayer, the Mantra Prayer of Protection, and our Light Attunement, which cleanses and aligns the Chakras and the Light Bodies in order to prepare us for not only meditation and contemplation, but also for starting the day renewed, balanced,

and attuned. Besides, it can be used as protection before going to sleep. Side two has our complete World Prayer that was given to us by Spirit to awaken and raise consciousness and assist in our ascension and that of planet Earth. This CD is available on our Fellowship website at: <http://www.foug.org/bookstore/index.htm>

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For those of you looking forward to a space-cation, an excerpt from the Galactic Federation follows:

“...The citizens of your world are beginning to understand that we are all interconnected. As you grow in consciousness, your thoughts become more highly focused and more affirmative. It is important for you to realize how easily negative thoughts, strung together, can delay that which you wish to visualize. Take the time to come together and use your combined thoughts to envision the most wondrous outcome. As you do this on a regular basis, you can make your positive thoughts a more powerful and irresistible alternative....”

You are experiencing a transition, from the world you currently know to one that more truly reflects who you are becoming. This is a time when each individual interlinks their powerful spiritual gifts into the whole. As you weave a new reality into existence, imagine the beauty that your diversity brings to the divine fabric of your new galactic society. Keep ever in mind your importance to the collective that is surface humanity. Your realm continues to change for the better. Persevere in your individual affirmations and the mighty visualizations that are building toward enduring freedom for all....

Many events are occurring that will enable you to transform this dark realm to the Light. We simply ask you to take this information and use it to become more aware of what is happening to you and to the societies that make up this reality. Know, dear Ones, that the countless Supply and never-ending Prosperity of Heaven are indeed Yours! So Be It! Selamat Gajun! Selamat Ja! (Sirian for Be One! and Be in Joy!)”

**Sheldon Nidel
Galactic Federation**