

Dear Members and Friends,

We are pleased to share our monthly email with you. Please access the transformational wisdoms to align yourself with the magic and miracles that are occurring in and around us.

Love and Blessings,
Bill Miller, D.D.
Rev. Cynthia Miller

Insight/Out

by Bill Miller

For those who awake each day with excitement, enthusiasm, and expectancy, each day becomes better than the last (or as our former President, Bella Karish, D. D., often said, “Each day will be better, better, best).”

Importance of Gratitude

“Gratitude – for life, for blessings, for the Giver of this beautiful world and everything in it – is a timeless and timely virtue. So many other virtues we seek flow from gratitude. Without gratitude, we become self-focused and insecure, wondering if someone somewhere has more or better.

Gratitude, on the other hand, opens our hearts to God and to others.

It blesses us in seasons of scarcity and seasons of plenty.

Indeed, gratitude is a virtue for every season of life.”

~ Anonymous

Gratitude

I thank Thee for thy Light that ever surrounds me

I thank Thee for thy love that ever enfolds me

I thank Thee for thy grace that always forgives me

I thank Thee for thy abundance that ever provides for me

I thank Thee for thy closeness that ever sustains me

I thank Thee for thy wisdom that ever teaches me

I thank Thee for thy blessings that ever await me

I thank Thee for thy joy that ever uplifts me

I thank Thee for my friends who share thy love with me

I thank Thee for the richness of thy totality

And most of all

I thank Thee for the glory of eternity.

~ Bertha Lourele Sale

***Notes from Fellowship Members and Friends
Archives***

I ran across the March 2021 wisdom from Eternal Cosmos, “Protecting the Chakras and Their Role in Healing.” I loved it and read it over and over. How can I access the archives?....

Anyway, it would be awesome to have the ability to know what is in the archives because this wisdom is so profound.

Blessings,

J.B.

Fellowship answer: You can access many of our wisdoms on our website: foug.org and

<https://foug.org/wisdoms/index.htm>

Mantra Prayer of Protection

Oh my goodness! Bill & Cynthia, you gave me goosebumps reading the mantra prayer again—it’s a really marvelous experience!! Thank you so very much. I feel Bella’s energy through this. I used to have that prayer memorized, so it is really nice to see it and use it again....

With Warmest Blessing,

V. B.

Health Update

Trusting that God is the Source of all healing and that God’s love and Light are transforming me in the most benevolent ways, I am praying and meditating for clarity and seeing myself whole and complete. In addition to my inner work with prayer and meditation, I am using a holistic approach for lymph, liver, kidney and other health issues, which includes vitamin and herbal supplements, and Edgar Cayce’s castor oil packs for a deep cleaning of my body.

So far, I am pain-free and active in our Center. Your prayers are deeply appreciated, and please include my wife, Cynthia, to overcome stress and other challenges.

May the Divine Light of the Creator awaken in all of us the ability to move through our Karmic Patterns with Grace and Love.

With Love and Blessings,

Bill